

Name: _____



Reading and Praying Together

January 2024

Jan 8, 2024

Prepare

Great are you, O Lord, and greatly to be praised. Great is your power. Your wisdom is infinite, and we praise you. We who are just a particle of your creation. We, who carry our mortality with us—the witness of our sin, and the witness that you resist the proud. Yet we praise you.

You awaken us to delight in your praise. For you made us for yourself, and our heart is restless until it finds its place of rest in you.

- A selection from a prayer of Augustine of Hippo

Memorize

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Read

Westminster Shorter Catechism Q79 -

Q: Which is the tenth commandment?

A. The tenth commandment is, “You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor's.”

God's Word

- Song of Solomon 6
- Luke 6

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm

46:10a)

Jan 9, 2024

Prepare

I have revealed you to the ones you gave me from this world. They were always yours. You gave them to me, and they have kept your word. Now they know that everything I have is a gift from you, for I have passed on to them the message you gave me. They accepted it and know that I came from you, and they believe you sent me.

- Selection from a prayer of Jesus (John 17:6-8)

Memorize

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Read

Westminster Shorter Catechism Q80 -

Q: What is required in the tenth commandment?

A. The tenth commandment requires full contentment with our own condition, with a right and charitable spirit toward our neighbor, and all that is his.

God's Word

- Song of Solomon 7
- Luke 7

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 10, 2024

Prepare

- O Holy Father, you have freely given me your Son,
- O Divine Son, you have freely paid my debt,
- O Eternal Spirit, you have freely bid me come,
- O Triune God, you freely grace me with salvation.

- A selection from "Freedom" in *The Valley of Vision*

Memorize

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Read

Westminster Shorter Catechism Q81 -

Q: What is forbidden in the tenth commandment?

A. The tenth commandment forbids all discontentment with our own estate, envying or grieving at the good of our neighbor, and all inordinate motions and affections to anything that is his.

God's Word

- Song of Solomon 8
- Luke 8

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 11, 2024

Prepare

Lord, when you asked Mary in her sorrow, “Woman, why are you weeping? Whom do you seek?” our souls reply with her, “We seek Jesus alone.”

Oh then, to hear our own names called upon, as hers was: “Mary!” Our answer brings out every affection of the heart: “Rabbi! My Lord and my God!”

- A selection from a prayer of Robert Hawker

Memorize

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Read

Westminster Shorter Catechism Q82 -

Q: Is any man able perfectly to keep the commandments of God?

A. No mere man, since the fall, is able in this life perfectly to keep the commandments of God, but does daily break them in thought, word, and deed.

God's Word

- Isaiah 1
- Luke 9

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm

46:10a)

Jan 12, 2024

Prepare

Help us to set our hope on your name, Lord. You are the origin and source of all creation. You open the eyes of our hearts so we can know you.

You alone abide highest in the lofty place. You are holy in the holy. You lay low the insolence of the proud, set the lowly on high, and bring down the lofty. You make rich and poor, give life and death. You alone are the benefactor of spirits and the God of all flesh.

- A selection from a prayer of Clement of Rome

Memorize

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Read

Westminster Shorter Catechism Q83 -

Q: Are all transgressions of the law equally heinous?

A. Some sins in themselves, and by reason of several aggravations, are more heinous in the sight of God than others.

God's Word

- Isaiah 2
- Luke 10

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 13, 2024

Prepare

“O Lord!” he [Moses] said. “Why are you so angry with your own people whom you brought from the land of Egypt with such great power and such a strong hand... Turn away from your fierce anger. Change your mind about this terrible disaster you have threatened against your people! Remember your servants Abraham, Isaac, and Jacob. You bound yourself with an oath to them, saying, ‘I will make your descendants as numerous as the stars of heaven. And I will give them all of this land that I have promised to your descendants, and they will possess it forever.’”

So the Lord changed his mind about the terrible disaster he had threatened to bring on his people.

- A prayer of Moses (Exodus 32:11-14)

Memorize

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Read

Westminster Shorter Catechism Q84 -

Q: What does every sin deserve?

A. Every sin deserves God’s wrath and curse, both in this life and that which is to come.

God’s Word

- Psalm 106

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 14, 2024

Prepare

At the cross that relieves my conscience let me learn lessons of self-denial, forgiveness and submission, feel motives to obedience, find resources for all needs of the divine life.

Then let me be what I profess, do as well as teach, live as well as hear religion.

- Selection from "A Neophyte's Devotion" in *The Valley of Vision*

Memorize

John 15:5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Read

God's Word

- Reread a passage that particularly spoke to you this week.

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 15, 2024

Prepare

Blessed, holy, and compassionate Lord God! For the sake of Jesus fulfill this promise daily in my soul. Bear me up, carry me through, and strengthen me in Christ, that I may walk in his name, until you bring me in to see his face in your eternal home, and I dwell under the light of his countenance forever, amen.

- A selection from a prayer of Robert Hawker

Memorize

John 15:6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.

Read

Westminster Shorter Catechism Q85 -

Q: What does God require of us, that we may escape His wrath and curse, due to us for sin?

A. To escape the wrath and curse of God, due to us for sin, God requires of us faith in Jesus Christ, repentance unto life, with the diligent use of all the outward means whereby Christ communicates to us the benefits of redemption.

God's Word

- Isaiah 3
- Luke 11

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 16, 2024

Prepare

Have mercy on me, O God, because of your unfailing love.

Because of your great compassion, blot out the stain of my sins.

Wash me clean from my guilt. Purify me from my sin.

For I recognize my rebellion; it haunts me day and night.

Against you, and you alone, have I sinned; I have done what is evil in your sight. You will be proved right in what you say, and your judgment against me is just.

- A selection from a prayer of David (Psalm 51:1-4)

Memorize

John 15:6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.

Read

Westminster Shorter Catechism Q86 -

Q: What is faith in Jesus Christ?

A. Faith in Jesus Christ is a saving grace, whereby we receive and rest upon Him alone for salvation, as He is offered to us in the gospel.

God's Word

- Isaiah 4
- Luke 12

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 17, 2024

Prepare

Through prayer, you may free us wholly. Through prayer, we may cease to be miserable in ourselves, and blessed in you.

Through prayer, we see how you have called us to become poor in spirit, and meek, and mourners, hungering and thirsting after righteousness.

Through prayer, we learn to become merciful, and pure in heart, and peacemakers.

- A selection from a prayer of Augustine of Hippo

Memorize

John 15:6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.

Read

Westminster Shorter Catechism Q87 -

Q: What is repentance unto life?

A. Repentance unto life is a saving grace, whereby a sinner out of a true sense of his sin, and apprehension of the mercy of God in Christ, does, with grief and hatred of his sin, turn from it unto God, with full purpose of, and endeavor after, new obedience.

God's Word

- Isaiah 5
- Luke 13

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm

46:10a)

Jan 18, 2024

Prepare

“Don’t be afraid!” Elisha told him. “For there are more on our side than on theirs!” Then Elisha prayed, “O Lord, open his eyes and let him see!” The Lord opened the young man’s eyes, and when he looked up, he saw that the hillside around Elisha was filled with horses and chariots of fire.

- A prayer of Elisha (2 Kings 6:16-17)

Memorize

John 15:6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.

Read

Westminster Shorter Catechism Q88 -

Q: What are the outward means whereby Christ communicates to us the benefits of redemption?

A. The outward and ordinary means whereby Christ communicates to us the benefits of redemption are His ordinances, especially the Word, sacraments, and prayer, all of which are made effectual to the elect for salvation.

God’s Word

- Isaiah 6
- Luke 14

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 19, 2024

Prepare

Give me to distinguish between the mere form of godliness and its power, between life and a name to live, between guile and truth, between hypocrisy and a religion that will bear your eye.

If I am not right, set me right, keep me right;
And may I at last come to your house in peace.

- A selection from “New Beginning” in *The Valley of Vision*

Memorize

John 15:6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.

Read

Westminster Shorter Catechism Q89 -

Q: How is the Word made effectual to salvation?

A. The Spirit of God makes the reading, but especially the preaching, of the Word, an effectual means of convincing and converting sinners, and of building them up in holiness and comfort, through faith, unto salvation.

God's Word

- Isaiah 7
- Luke 15

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 20, 2024

Prepare

Lord, may I be more and more under the rich influence and glorious outpourings of the Spirit, that I may be an able minister of the new covenant, not of the letter, but of the Spirit.

I pray that you may always find an everlasting spring and an overflowing fountain within me, which may always make me faithful, constant, and abundant in your work.

- A selection from a prayer of Thomas Brooks

Memorize

John 15:6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.

Read

Westminster Shorter Catechism Q90 -

Q: How is the Word to be read and heard, that it may become effectual to salvation?

A. That the Word may become effectual to salvation, we must attend thereunto with diligence, preparation, and prayer; receive it with faith and love, lay it up in our hearts, and practice it in our lives.

God's Word

- Psalm 107

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 21, 2024

Prepare

When they heard the report, all the believers lifted their voices together in prayer to God: “O Sovereign Lord, Creator of heaven and earth, the sea, and everything in them..

Herod Antipas, Pontius Pilate the governor, the Gentiles, and the people of Israel were all united against Jesus, your holy servant, whom you anointed. But everything they did was determined beforehand according to your will. And now, O Lord, hear their threats, and give us, your servants, great boldness in preaching your word. Stretch out your hand with healing power; may miraculous signs and wonders be done through the name of your holy servant Jesus.”

After this prayer, the meeting place shook, and they were all filled with the Holy Spirit. Then they preached the word of God with boldness.

- A selection from a prayer of the saints in Jerusalem (Acts 4:24-31)

Memorize

John 15:6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.

Read

God's Word

- Reread a passage that particularly spoke to you this week.

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 22, 2024

Prepare

To you be glory who has taken away that false religion that caused us to stumble. Medicine of life, to you be praise—you who have converted all who are baptized.

Praise be to you who are the life of all, and the Lord of all! The lost who are found bless you, and you have given joy to the angels.

Amen.

- A selection from a prayer of Ephraim the Syrian

Memorize

John 15:7-8 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

Read

Westminster Shorter Catechism Q91 -

Q: How do the sacraments become effectual means of salvation?

A. The sacraments become effectual means of salvation not from any virtue in them or in him that does administer them, but only by the blessing of Christ and the working of His Spirit in them that by faith receive them.

God's Word

- Isaiah 8
- Luke 16

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 23, 2024

Prepare

Praise the Lord, the God of our ancestors, who made the king want to beautify the Temple of the Lord in Jerusalem! And praise him for demonstrating such unfailing love to me by honoring me before the king, his council, and all his mighty nobles! I felt encouraged because the gracious hand of the Lord my God was on me. And I gathered some of the leaders of Israel to return with me to Jerusalem.

- A prayer of Ezra (Ezra 7:27-28)

Memorize

John 15:7-8 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

Read

Westminster Shorter Catechism Q92 -

Q: What is a sacrament?

A. A sacrament is a holy ordinance instituted by Christ, wherein by sensible signs, Christ and the benefits of the new covenant are represented, sealed, and applied to believers.

God's Word

- Isaiah 9
- Luke 17

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 24, 2024

Prepare

My God, I feel it is heaven to please you, and to be what you
wouldst have me be.

O that I were holy as you are holy,
pure as Christ is pure,
perfect as your Spirit is perfect!

- A selection from "Consecration and Worship" in *The Valley of Vision*

Memorize

John 15:7-8 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

Read

Westminster Shorter Catechism Q93 -

Q: Which are the sacraments of the New Testament?

A. The sacraments of the New Testament are baptism and the Lord's Supper.

God's Word

- Isaiah 10
- Luke 18

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 25, 2024

Prepare

Lord, if you give me yourself, I will have every gift. If you give me your Spirit, I will have every good thing.

Come Holy Spirit, and dwell in my soul. I know you will make the place of your feet glorious. If only I have your presence, I will be all glorious within.

- A selection from a prayer of Isaac Ambrose

Memorize

John 15:7-8 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

Read

Westminster Shorter Catechism Q94 -

Q: What is baptism?

A. Baptism is a sacrament, wherein the washing with water in the name of the Father, and of the Son, and of the Holy Spirit, does signify and seal our ingrafting into Christ, and partaking of the benefits of the covenant of grace, and our engagement to be the Lord's.

God's Word

- Isaiah 11
- Luke 19

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 26, 2024

Prepare

In my vision the locusts ate every green plant in sight. Then I said, “O Sovereign Lord, please forgive us or we will not survive, for Israel is so small.”

So the Lord relented from this plan. “I will not do it,” he said.

- A prayer of Amos (Amos 7:2-3)

Memorize

John 15:7-8 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

Read

Westminster Shorter Catechism Q95 -

Q: To whom is baptism to be administered?

A. Baptism is not to be administered to any that are out of the visible church, till they profess their faith in Christ and obedience to Him; but the infants of such as are members of the visible church are to be baptized.

God's Word

- Isaiah 12
- Luke 20

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 27, 2024

Prepare

Almighty One, I know you through the worship of my heart alone.
To the wicked you are unknown, yet you are known to every soul
who is devoted to you.

You are without beginning and without end, more ancient than
time past and time to come. No mind can grasp, nor tongue
express, your being and extent.

- A selection from a prayer of Ausonius

Memorize

John 15:7-8 If you abide in me, and my words abide in you, ask
whatever you wish, and it will be done for you. By this my Father is
glorified, that you bear much fruit and so prove to be my disciples.

Read

Westminster Shorter Catechism Q96 -

Q: What is the Lord's Supper?

A. The Lord's Supper is a sacrament, wherein, by giving and
receiving bread and wine according to Christ's appointment, His
death is showed forth; and the worthy receivers are - not after a
corporal and carnal manner, but by faith - made partakers of His
body and blood, with all His benefits, to their spiritual nourishment
and growth in grace.

God's Word

- Psalm 108

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm

46:10a)

Jan 28, 2024

Prepare

“O Lord, God of heaven, the great and awesome God who keeps his covenant of unfailing love with those who love him and obey his commands, listen to my prayer! Look down and see me praying night and day for your people Israel. I confess that we have sinned against you. Yes, even my own family and I have sinned! We have sinned terribly by not obeying the commands, decrees, and regulations that you gave us through your servant Moses... The people you rescued by your great power and strong hand are your servants. O Lord, please hear my prayer! Listen to the prayers of those of us who delight in honoring you. Please grant me success today by making the king favorable to me. Put it into his heart to be kind to me.”

- A selection from a prayer of Nehemiah (Nehemiah 1:5-11)

Memorize

John 15:7-8 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

Read

God's Word

- Reread a passage that particularly spoke to you this week.

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 29, 2024

Prepare

Help me to know that he who hopes for nothing but you, and for all things only for you, hopes truly, and that I must place all my happiness in holiness, if I hope to be filled with all grace.

Convince me that I can have no peace at death, nor hope that I should go to Christ, unless I intend to do his will and have his fullness while I live.

- A selection from "Fullness" in *The Valley of Vision*

Memorize

John 15:9-10 As the Father has loved me, so have I loved you.

Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love.

Read

Westminster Shorter Catechism Q97 -

Q: What is required for the worthy receiving of the Lord's Supper?

A. It is required of those who would worthily partake of the Lord's Supper, that they examine themselves of their knowledge to discern the Lord's body, of their faith to feed upon Him, of their repentance, love, and new obedience; lest coming unworthily, they eat and drink judgment to themselves.

God's Word

- Isaiah 13
- Luke 21

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm

46:10a)

Jan 30, 2024

Prepare

Dearest Lord, I blush to think how slender, at times, my faith is!
When I read of the acts of those heroes in the gospel, who
“through faith subdued kingdoms, enforced justice, obtained
promises, stopped the mouths of lions,” and the like, I am ashamed
of my unbelieving heart.

- A selection from a prayer of Robert Hawker

Memorize

John 15:9-10 As the Father has loved me, so have I loved you.
Abide in my love. If you keep my commandments, you will abide in
my love, just as I have kept my Father's commandments and abide
in his love.

Read

Westminster Shorter Catechism Q98 -

Q: What is prayer?

A. Prayer is the offering up of our desires unto God, for things
agreeable to His will, in the name of Christ, with confession of our
sins and thankful acknowledgment of His mercies.

God's Word

- Isaiah 14
- Luke 22

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Jan 31, 2024

Prepare

For your sake Mary also was hated. The one who conceived you was persecuted. The sea raged against her, as it did against Jonah.

Herod, that raging wave, sought to drown the Lord of the seas.

But Adam would rejoice, for you are the key to paradise. So I will flee with you, that I may gain life wherever we go. Prison with you is no prison, because we gain heaven through you.

With you, the grave is no grave, for you are the resurrection!

Amen.

- A selection from a prayer of Ephraim the Syrian

Memorize

John 15:9-10 As the Father has loved me, so have I loved you.

Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love.

Read

Westminster Shorter Catechism Q99 -

Q: What rule has God given for our direction in prayer?

A. The whole Word of God is of use to direct us in prayer; but the special rule of direction is that form of prayer which Christ taught His disciples, commonly called the Lord's Prayer.

God's Word

- Isaiah 15
- Luke 23

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Prepare

True Son of the eternal King, before the foundations of the earth were laid.

Lord, Father of all, by which was born the Christ. A virgin's pain brought the Light of Life to a forlorn world. A man! And yet, of ages gone—and of all ages to come. Throughout eternity, you are the one, the upholder, the perfecter, and the sun.

- A selection from a prayer of Synesius

Memorize

John 15:9-10 As the Father has loved me, so have I loved you. Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love.

Read

Westminster Shorter Catechism Q100 -

Q: What does the preface of the Lord's Prayer teach us?

A. The preface of the Lord's Prayer, which is, "Our Father in heaven," teaches us to draw near to God with all holy reverence and confidence, as children to a father, able and ready to help us; and that we should pray with and for others.

God's Word

- Isaiah 16
- Luke 24

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Feb 2, 2024

Prepare

Lord, you always give me justice when I bring a case before you.

So let me bring you this complaint: Why are the wicked so prosperous? Why are evil people so happy? You have planted them, and they have taken root and prospered.

Your name is on their lips, but you are far from their hearts.

- A selection from a prayer of Jeremiah (Jeremiah 12:1-2)

Memorize

John 15:9-10 As the Father has loved me, so have I loved you.

Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love.

Read

Westminster Shorter Catechism Q101 -

Q: What do we pray for in the first petition?

A. In the first petition, which is, "Hallowed be Your name," we pray that God would enable us and others to glorify Him in all that whereby He makes Himself known; and that He would dispose all things to His own glory.

God's Word

- Isaiah 17
- Acts 1

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Feb 3, 2024

Prepare

May I not be inattentive to the design of your dealings with me, or insensible under your rebukes, or immobile at your calls.

May I learn the holy art of abiding in you, of being in the world and not of it, of making everything not only consistent with but conducive to my religion.

- A selection from "Sincerity" in *The Valley of Vision*

Memorize

John 15:9-10 As the Father has loved me, so have I loved you.

Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love.

Read

Westminster Shorter Catechism Q102 -

Q: What do we pray for in the second petition?

A. In the second petition, which is, "Your kingdom come," we pray that Satan's kingdom may be destroyed; and that the kingdom of grace may be advanced, ourselves and others brought into it, and kept in it; and that the kingdom of glory may be hastened.

God's Word

- Psalm 109

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)

Feb 4, 2024

Prepare

Lord, reveal yourself more and more to us in the face of your Son
Jesus Christ.

Magnify the power of grace by cherishing the seeds of that grace
in the midst of our corruption.

Bring us to humility by the way you show us our own sin and
weakness.

And since you have taken us into the covenant of grace, you will
not cast us away, though our sins grieve your Spirit and remind us
how far off we are.

- Selection from a prayer of Richard Sibbes

Memorize

John 15:9-10 As the Father has loved me, so have I loved you.

Abide in my love. If you keep my commandments, you will abide in
my love, just as I have kept my Father's commandments and abide
in his love.

Read

God's Word

- Reread a passage that particularly spoke to you this week.

Meditate (How does the reading help you to love God? How does the reading help you to love others?)

Pray

Adoration -

Confession -

Thanksgiving -

Supplication -

Rest in Christ (“Be still, and know that I am God.” Psalm
46:10a)